



Community

Social isolation VARB Network meeting in Banstead to improve access to transport and support services.

Hospital discharge Healthwatch Surrey's new survey on NHS service. Can you or a friend help?

Merstham food bank Focus on its role and location.

Tadworth Leisure Useful morning spreading the word at the buzzing Leisure and Community Centre.



Prime pitch for our team at Tadworth Leisure and Community Centre.

How We Help

Benefit Check Day Very successful drop-in offering free checks in partnership with Raven Housing Trust.

Tadworth Drop-In Our new outreach started with great support from the Merland Rise Church team.

District Training Day Stimulating sessions on some of the current big advice issues. Thanks to Healthwatch Surrey and Citizens Advice expert employment team.



Healthwatch Surrey project manager, Natasha (centre) at District Training Day with our training manager Helen (left) and Janet, CAB HW champion.

Policy

Self-Employment On Training Day we published our research and recommendations on helping early-stage freelancers avoid pitfalls: *Better Self-Employment*.

Credit card debt Research from Citizens Advice leads to call for ban on unrequested increases to credit limits.

National Consumer Week This week! Whole CAB network and Trading Standards highlighting risks of subscriptions that are more (or less!) than you thought.



John Dougill (r) with Matt Bradbury of Citizens Advice Expert Employment Team, at CARBS District Training Day.

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